

### **How to connect to ZOOM for Yoga North classes & workshops**

- Please download the **ZOOM** app from [zoom.us/download](https://zoom.us/download). The following link will take you to the zoom download page where you can easily download the app for your electronic device of choice (smart phone, tablet, laptop or home computer). Click the following link to access the download page: [zoom.us/download](https://zoom.us/download)
- The ZOOM app is FREE, user friendly and works very well for delivering quality sound and visual for a "virtual class". You will have the opportunity to continue your classes taught by Yoga North's highly qualified teachers.
- Once you register for your class(es) and pay, you will receive a "ZOOM LINK" by email from Yoga North that you will use every week to connect to your class.