

**Yoga North ONLINE CLASSES with ZOOM**  
**2021 Spring** May 3 to June 26, 2021 (8 weeks)

**Mondays**

|          |                   |            |                 |
|----------|-------------------|------------|-----------------|
| 9:30 am  | All Levels        | with Regan | <b>\$132.30</b> |
| 11:30 am | All Levels Gentle | with Regan | <b>\$132.30</b> |
| 1:30 pm  | Restorative       | with Regan | <b>\$132.30</b> |
| 7:15 pm  | Men's Class       | with Drew  | <b>\$132.30</b> |

*\*No class Monday May 24 – Long weekend*

**Tuesdays**

|                |              |            |                 |
|----------------|--------------|------------|-----------------|
| 7 pm – 8:30 pm | Healthy Back | with Regan | <b>\$184.80</b> |
|----------------|--------------|------------|-----------------|

**Wednesdays**

|         |           |             |                 |
|---------|-----------|-------------|-----------------|
| 5:30 pm | Level 2-3 | with Andrea | <b>\$151.20</b> |
| 7:15 pm | Level 1-2 | with Andrea | <b>\$151.20</b> |

**Thursday**

|                |               |            |                 |
|----------------|---------------|------------|-----------------|
| 10 to 11:30 am | Women's Class | with Regan | <b>\$184.80</b> |
|----------------|---------------|------------|-----------------|

**Fridays**

|          |                   |           |                 |
|----------|-------------------|-----------|-----------------|
| 9:30 am  | All Levels        | with Drew | <b>\$151.20</b> |
| 11:30 am | All Levels Gentle | with Drew | <b>\$151.20</b> |

**Saturdays**

|          |           |             |                 |
|----------|-----------|-------------|-----------------|
| 9 am     | Level 2-3 | with Andrea | <b>\$151.20</b> |
| 10:45 am | Level 1-2 | with Regan  | <b>\$151.20</b> |

*Classes are 1.25 hours unless otherwise noted.*

*Schedule subject to change & classes subject to minimum enrollment*

*Fees include tax*

**Minimum prop requirement for classes: mat, belt, block & blanket.**

Props can be purchased at our Yoga Shop by appointment.

Email: [info@yoganorthwinnipeg.ca](mailto:info@yoganorthwinnipeg.ca).

**REGISTER for classes by email to: [registrations@yoganorthwinnipeg.ca](mailto:registrations@yoganorthwinnipeg.ca)**

Once we receive your registration, we will send you payment information by email.

**Please pay before April 24 by e-transfer to: [info@yoganorthwinnipeg.ca](mailto:info@yoganorthwinnipeg.ca) and INDICATE THE CLASS(ES) for which you are paying.**

Once payment is received, you will receive a Zoom link before the beginning of the session.

***Cancellation & Refund Policy:*** All class purchases are final, non-refundable and non-transferable. Classes purchased expire at the end of each session. We regret that we cannot issue credits for no-shows.